

DIET DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- 1) Can you explain the difference between a diet, diet and to diet?
- 2) Tell me about your regular diet.
- 3) Have you ever been on a diet?
- 4) Do you think people who go on diets get the proper nutrition their body needs?
- 5) Do you know anyone with anorexia nervosa or bulimia nervosa?
- 6) Do you think the fashion industry and advertising is responsible for encouraging women to be super skinny?
- 7) Are you happy with your weight and body shape?
- 8) How important is exercising as part of a diet?
- 9) Do people in your country eat a well-balanced diet?
- 10) How often do you weigh yourself?

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STUDENT B's QUESTIONS (Do not show these to student A)

- 1) Do you worry about your weight?
- 2) How much weight would you like to lose or put on?
- 3) Are dietary habits in your country changing?
- 4) Do you know anyone who is obsessed with their weight and their figure?
- 5) What's your advice for anyone who wants to diet?
- 6) Are there any dangers of dieting?
- 7) Why are people so worried about the way their body looks?
- 8) What do you think of all the fad diets that come on the market?
- 9) Do you think it's possible to lose weight and enjoy eating?
- 10) Do you have a balanced diet?

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